



Minutes

Hart Health and Wellbeing Partnership Board Meeting

15 October 2020 at 2.00 pm

Present:

Cllr Stuart Bailey	HDC
Liz Glenn (LG)	HDC
Sarah Falzarano	HDC
Patricia Hughes (PH)	HDC
Brian Bridger	HDC
Kirsty Jenkins	HDC
Vickt Atkinson	HDC
Gemma Watts	HDC
Cllr Wendy Makepeace-Browne	HDC
Caroline Winchurch (CW)	HVA
Dr Steven Clarke (SC)	North East Hampshire and Farnham CCG
Ginny East	Odiham Cottage Hospital
Jo Lockhart (JL)	HCC Public Health
Julia Tymukas	Citizens Advice Hart
Cristina Harris	Church Crookham Parish Council
Jessica Berry (JB)	North Hampshire CCG
Laura Mouzouris-Lodge	Andover Mind CS/DA
Nicola Ward	Adult Services
Cllr Gill Butler	HDC
Sandra Pain	NHS Southern Health, Health Visiting
Nikki Jenkins	Andover Mind Well Being Centre
Jenna Lofthouse	HCC Children's Services
Steven Manley	North East Hampshire and Farnham CCG
Dr Matt Nisbet	North Hampshire CCG

		Actions
1	Apologies for Absence, Minutes of the Previous Meeting (13 February 2020) and Matters Arising	
	Apologies: Becky Rogers North Hampshire CCG Kim Francis Andover Mind	

2	<p>Minutes of the Previous Meeting (13 February 2020) and Matters Arising</p> <p>The minutes were agreed.</p> <p>Matters arising :-</p> <ul style="list-style-type: none"> • Action 1. Mental health indicators meeting action to be carried forward. Mental health is being looked at as part of the Hart Community Recovery. • Action 2. JB gave a brief update regarding the low carb diet pilot run in Whitewater & Chineham which showed good results. • Action 3. SC and PH advised that they would pick up the conversation about transport for Hart Residents to local hospitals including Fleet Hospital and Frimley Park as this had not taken place due to the pressures of COVID. • Action 4. New Head of Place for North East Hampshire and Farnham CCG to be invited to a future meeting. • Action 5. 'Hidden Needs' brief information and data gathering was put on hold due to COVID but is now picked up as part of the Community Recovery. 	
3	<p>COVID-19 Community Recovery Presentation</p> <ul style="list-style-type: none"> • Liz Glenn (Hart District Council) Nicky Ward (Hampshire County Council) and Jo Lockhart (HCC Public Health) joint presentation see attached slides. • Nicky Ward thanked Hart & HVA for all their support and work during lockdown and working collaboratively. Response and recovery phase go hand in hand. Hampshire Welfare Recovery Group focuses on welfare countywide, and there is a group looking at voluntary sector capacity. Also groups looking at mental health and digital enablement and being able to provide access and support. HantsHelp4vulnerable now renamed as the Hampshire Coronavirus Support and Helpline. The Helpline is seeing a shift in the issues people are presenting with including support for people needing to isolate due to Test and Trace, and now beginning to see some hardship concerns. • Jo Lockhart presentation (see attached slides) data drawn from a range of sources to provide an overview of community impacts of the pandemic and where are disparities in impacts between different groups (inequalities). Nationally we are seeing health inequalities increasing. Certain populations are at increased risk of negative impact either due to clinical vulnerability, increased exposure to the virus or increased vulnerability to economic downturn and impacts of lockdown. • Covered areas of impact and areas to focus on in the period of recovery including mental health and loneliness, physical activity, diet, financial changes, community and voluntary 	

	<p>sector resilience, digital exclusion, family relationships and domestic abuse.</p> <ul style="list-style-type: none"> ○ Children’s activity levels have fallen and screen time likely to have increased. ○ Financial impacts change health behaviours and family unit dynamic. ○ Impact of financial strain on mental health ○ Young adults struggling to get back into jobs because they have less experience than older workers ○ Impacts on parents of children having to be off school and isolating due to Covid-19 symptoms. ○ Increasing inequalities in mental health and people who had a lot of mental resilience before the pandemic are finding they are being pushed beyond what they can cope with. ○ Significant increase in domestic abuse and more disclosures as children returned to school. Increasing digital inequality. <ul style="list-style-type: none"> ● Liz Glenn gave an overview of the Hart Community Recovery Plan including (see slides). The Plan will be delivered through a range of partnerships including a newly established Hart Community Recovery Working Group with representatives from key “safety net” organisations such as Citizens Advice and DWP. 	
<p>4</p>	<p>COVID-19 community Recovery Group Discussion – All</p> <ul style="list-style-type: none"> ● Dr Matt Nisbet North Hants CCG. Thank you for a thorough and interesting presentation. COVID had been an enormous challenge and opportunity to provide services. Increased digital access to some services has benefitted some patients such as those without access to a car or with mobility issues, however, there have also been challenges that need to be explored further and how to maximise the benefits going forward. ● Caroline Winchurch HVA asked a question on JL’s presentation. Are you seeing a need to adapt commissioned services to meet emerging needs? JL replied that the Hampshire Welfare Recovery Group looks at commissioned services including how/when to pick up face-to-face offer while continuing to offer digital access, to provide a variety of access channels. ● Nicky Ward – commented that it was important that we make sure that we can respond to emerging needs during COVID particularly carer breakdown. Digital access may help and encourage access for those in a caring role. ● Laura Mouzouris-Lodge - Andover Mind. Commented that they had seen an increase in carers in crisis, especially in the last 4-5 weeks, partly due to lack of respite such as day centres not open. The Carers Support & Dementia Advice 	

Service is offering Zoom and face-to-face support. Support is being provided for carers to get on-line and the majority have been given training to help with this.

- **Jessica Berry** provided an update from North Hampshire CCG. There is a focus on trying to reinstate business as usual and get people back into the surgeries. Some patients feel anxious about coming back into the practice. Seeing an increase in demand and flu clinics are busy. Planning for 2nd wave alongside keeping people well over winter such as managing common illnesses. Looking at areas of deprivation in the CCG patch and encouraging people to get moving to improve weight management and for older adults to help with mobility to improve strength. JB advised that additional roles are being recruited to in Primary Care Networks (PCNs) including a Health and Wellbeing Coach at Whitewater Lodden PCN. **Action:** LG to invite Health and Wellbeing Coach to relevant meetings.
- **Ginny East** – Advised that Day Centres are opening in phases – 2nd November for Rosefield. There is some fear among service users of going out. Additional costs of PPE, staff/client ratio, bubble of 3 and to stay in bubble whilst at the centre. It is difficult to recreate the social joy within a socially distanced environment.
- **Nikki Jenkins** – new Wellbeing Centre location in Farnborough for face to face, 1:1 and groups, the uptake has been slow. People that were not previously anxious are now anxious which is creating a more challenging environment. There is a challenge for us all to think more creatively about how we engage people. Peer support workers are instrumental in building confidence through a softly softly approach needed to encourage people back. Zoom groups and contact continues to be offered.
- **Steve Manley** – North East Hampshire & Farnham CCG has come together with local authorities and other partners to focus on addressing inequalities in the patch (Hart, Rushmoor and Waverley). A Healthier Communities Partnership Committee has been created to steer this work and this will include provision of some innovation funding to support local community ideas.
- **Julia Tymukas** – Citizens Advice Hart advised that CA are operating remotely and had lost 40% of volunteers. The demand is increasing which is challenging with a smaller workforce. The Help to Claim service is highly used. The community still need to know that we are available for them and still operating and to look at ways of building back the volunteer bank. There is interest in any opportunities to come together with partners in a community hub model in long term or short term pop-up hubs, for example, in a shopping centre.
- **Vicky Atkinson** – the domestic abuse health advocacy project is going well at Basingstoke Hospital. Advocates have

	<p>a dual role in picking up cases of domestic abuse and training hospital staff to ask the right questions of patients. There is online learning and videos available which could be adopted for other partners to possibly use. The Hampshire Domestic Abuse Partnership has an action plan and communication plan for COVID.</p> <ul style="list-style-type: none"> • Caroline Winchurch – highlighted that there is a correlation between lower levels of volunteering and areas of greater deprivation. This is a national issue. JL queried whether there could be a focus in those areas on volunteering as something that can help you back into work. However, Caroline highlighted some challenges to that approach including ensuring people want to volunteer rather than feeling it is something they have to do. • Cllr Wendy Makepeace-Browne – highlighted the challenges of spontaneous volunteering such as issues around GDPR and safeguarding, and asked whether HVA had seen any issues of this nature in local spontaneous volunteer groups. Caroline said this was something HVA is looking at. There is a fantastic network of spontaneous volunteering in the district but HVA were keen to promote the support they can provide to those networks. Cllr Makepeace Browne asked whether it would be helpful for Councillors to feedback to HVA when they see spontaneous volunteer groups forming in their community. Caroline and Brian to discuss outside the meeting. 	
5	<p>AOB and update from Partners - All</p> <ul style="list-style-type: none"> • Cllr Stuart Bailey – asked members to share any updates. • Caroline Winchurch – Advised that the Youth Counselling Rooms are available at Odiham Cottage Hospital • Steven Clarke – North East Hampshire & Farnham CCG to merge with other CCGs in the Frimley System from April 2021. A lot of work has gone into planning flu vaccination. Fleet Primary Care Network intends to introduce a Health and Wellbeing Coach role from April 2021. • Laura Mouzouris-Lodge – The Carers Support & Dementia Advice Service is still carrying out assessments and 1-2-1s. The carers hub has been established at the Harlington Centre in Fleet. • Cllr Wendy Makepeace-Browne thanked all those involved with this meeting and the services who had been continuing to provide valuable support to residents during the pandemic. She said it was heartening to know of all the work that is done in the background and wanted to add a personal thank you. Cllr Bailey added his thanks. • Meeting closed at 4.00 pm 	

6	2021 meeting dates To be confirmed	